

**Wettkampf 11 - 400m Freistil****Offene Wertung**

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	Masters
1.	Elies Merten (M)	2003/AK 20	SG Gladbeck/Recklinghausen, 1. Mannschaft	04:31,12	724
	<i>100m: 01:03,84 (01:03,84)   200m: 02:12,34 (01:08,50)   300m: 03:21,87 (01:09,53) 400m: 04:31,12 (01:09,25)</i>				
2.	Mia Vollmer (W)	2003/AK 20	Freie Schwimmer Düsseldorf	04:40,18	769
	<i>100m: 01:04,58 (01:04,58)   200m: 02:15,40 (01:10,82)   300m: 03:27,54 (01:12,14) 400m: 04:40,18 (01:12,64)</i>				
3.	Matthias Millers (M)	1970/AK 50	SG Wuppertal	04:40,47	743
	<i>100m: 01:06,29 (01:06,29)   200m: 02:18,10 (01:11,81)   300m: 03:30,06 (01:11,96) 400m: 04:40,47 (01:10,41)</i>				
4.	Ayleen Kramer (W)	1999/AK 20	SV Hagen 1894	04:43,85	740
	<i>100m: 01:06,15 (01:06,15)   200m: 02:17,32 (01:11,17)   300m: 03:30,14 (01:12,82) 400m: 04:43,85 (01:13,71)</i>				
5.	Axel Werkhausen (M)	1970/AK 50	SSF Bonn, 1. Mannschaft	04:44,64	711
	<i>100m: 01:06,51 (01:06,51)   200m: 02:18,06 (01:11,55)   300m: 03:30,99 (01:12,93) 400m: 04:44,64 (01:13,65)</i>				
6.	Markus Reinhardt (M)	1960/AK 60	SG Dortmund	04:54,81	830
	<i>100m: 01:11,12 (01:11,12)   200m: 02:27,53 (01:16,41)   300m: 03:41,96 (01:14,43) 400m: 04:54,81 (01:12,85)</i>				
7.	Rebecca Höner (W)	2000/AK 20	SG Schwimmen Münster, 2. Mannschaft	05:04,27	601
	<i>100m: 01:10,46 (01:10,46)   200m: 02:27,31 (01:16,85)   300m: 03:46,20 (01:18,89) 400m: 05:04,27 (01:18,07)</i>				
8.	Frank Feldmann (M)	1972/AK 50	SG Lünen	05:08,19	560
	<i>100m: 01:10,41 (01:10,41)   200m: 02:27,18 (01:16,77)   300m: 03:47,21 (01:20,03) 400m: 05:08,19 (01:20,98)</i>				
9.	Dorothee Lankers (W)	1995/AK 25	Wassersportverein Herringen 1929 e.V.	05:15,21	613
	<i>100m: 01:11,74 (01:11,74)   200m: 02:32,26 (01:20,52)   300m: 03:54,12 (01:21,86) 400m: 05:15,21 (01:21,09)</i>				
10.	Manfred Janzen (M)	1990/AK 30	SSF Bonn, 2. Mannschaft	05:16,68	436
	<i>100m: 01:11,84 (01:11,84)   200m: 02:31,75 (01:19,91)   300m: 03:54,51 (01:22,76) 400m: 05:16,68 (01:22,17)</i>				
11.	Enoh Meuthen (W)	1991/AK 30	SG Bayer	05:25,34	568
	<i>100m: 01:14,09 (01:14,09)   200m: 02:35,72 (01:21,63)   300m: 03:59,75 (01:24,03) 400m: 05:25,34 (01:25,59)</i>				
12.	Gesa Gronert (W)	1970/AK 50	SG Schwimmen Münster, 1. Mannschaft	05:34,65	626
	<i>100m: 01:16,81 (01:16,81)   200m: 02:41,32 (01:24,51)   300m: 04:08,53 (01:27,21) 400m: 05:34,65 (01:26,12)</i>				
13.	Nils Denkmann (M)	1993/AK 30	SC Dinslaken	05:44,14	340
	<i>100m: 01:15,31 (01:15,31)   200m: 02:41,26 (01:25,95)   300m: 04:11,20 (01:29,94) 400m: 05:44,14 (01:32,94)</i>				
14.	Birgitt Gröne (W)	1967/AK 55	SG Essen	06:01,73	522
	<i>100m: 01:22,48 (01:22,48)   200m: 02:56,72 (01:34,24)   300m: 04:30,09 (01:33,37) 400m: 06:01,73 (01:31,64)</i>				

**Zwischenstand nach Wettkampf 11**

<b>Platz</b>	<b>Mannschaft</b>	<b>Punkte</b>
1.	SG Wuppertal	8061
2.	SG Schwimmen Münster, 1. Mannschaft	8043
3.	SG Dortmund	7692
4.	SG Gladbeck/Recklinghausen, 1. Mannschaft	7578
5.	SSF Bonn, 1. Mannschaft	7453
6.	SG Lünen	7364
7.	SG Bayer	7211
8.	SV Hagen 1894	7113
9.	Freie Schwimmer Düsseldorf	6809
10.	SG Essen	6174
11.	SG Schwimmen Münster, 2. Mannschaft	5687
12.	SSF Bonn, 2. Mannschaft	5612
13.	Wassersportverein Herringen 1929 e.V.	5463
14.	SC Dinslaken	4871